



Bikers Against Domestic Violence (BAD-V Ride)

A Benefit Ride for Bedford Domestic Violence Services

Sunday, October 3, 2010

The Kirk, 1517 Thomas Jefferson Rd., Forest, VA

Free Food for All & Door Prize Drawings

Registration fee: \$10.00 per biker & \$5.00 per passenger
Or equivalent donations of the supplies indicated below.

Registration begins at Noon following Biker Service at 10:30 AM.
Last bike out at 1:30 p.m.

Bedford Domestic Violence Services always needs:

- Dish detergent, dishwasher detergent, wash cloths
- Trash bags (heavy duty and kitchen bags)
- Laundry detergent, fabric softener, dryer sheets, bleach
- Household cleaners/wipes (Clorox, Windex, Ajax, Pledge)
- Paper towels, toilet paper
- Toiletry items, feminine hygiene products
- Food
- Gift Cards (Wal-Mart, CVS, Food Lion, Kroger, gas cards)

Items need to provide for families leaving the shelter:

- Sheets, bed pillow, blankets
- Towels, washcloths
- Dishes, glasses, silverware
- Pots, pans, cooking utensils
- Cleaning supply kits (glass cleaner, paper towels, toilet cleanser, sponges, etc.)
- Food Boxes: Canned chicken and tuna, pasta and sauce, cereal, snackfoods, peanut butter & jelly, canned fruits & vegetables

All proceeds and donations to benefit:

Bedford Domestic Violence Services

"...building a future without fear."