



Bingo Schedule

If you are 50 years or older and like to socialize and play Bingo, then this is the place for you. The Bedford County Parks and Recreation Department offers Bingo 3 times a month at 3 locations. Forest Recreation Center (2nd Tuesday), Moneta Rescue Squad (3rd Wednesday), and the Bedford Moose Lodge (4th Thursday). Lunch is served at all locations so come and bring your favorite dish to share. Cost is \$1.00 per card with a limit of 4 cards per person. For more information please contact the Recreation office at 586-7682 or come by our office at 1257 County Farm Rd. Bedford.

Forest Bingo
 Tuesday, March 12

Moneta Bingo
 Wednesday, March 20

Bedford Bingo
 Thursday, March 28



Lunch & Learn
Thursday, March 21
11:30 a.m.—1:00 p.m.
Bedford County Parks and Recreation Office

Bring your lunch and appetite to learn! Light refreshments will be served. Please pre register by Monday, March 18th by calling (540) 586-7682.

March topic will be a presentation from social services on how to avoid being a victim of scams.



Line Dance Class

Bedford County Parks and Recreation offers a free line dancing class that meets at the County Gym on Tuesdays at 10:00AM. If you are interested please call 540.586.7682 for more information.

Senior Craft Class
Thursday, March 14
10:00 a.m.

Bedford County Parks and Recreation Office

Bedford County Parks and Recreation will hold monthly craft classes at the Parks and Recreation office located at 1257 County Farm Rd. in Bedford. Class will begin at 10:00 a.m. on Thursday, March 14. Please call (540) 586-7682 to pre register. Participants must be registered by the Monday before class. Fee for the class is \$5.00 per person per class.

Chair Yoga
Tuesday's
11:00 a.m.
Bedford County Parks and Recreation Office

Bedford County Parks and Recreation will be hosting a session of yoga classes done in and beside a chair. Just how effectively can you can move your joints, stretch your muscles, and improve your health and wellness in a chair? You'll be surprised! Open to all, regardless of age, gender, size, abilities or limitations.

Each class is \$10. Please call (540) 586-7682 to pre register.

Upcoming Trips

Cheese Shop
Thursday, April 25

Wohlfahrt Haus Dinner Theatre
Thursday, May 23
"Annie"



Silver Notes

Bedford County Parks and Recreation Department sponsors a Senior Choir group the "Silver Notes" If you are interested in joining the group please contact the Recreation Department at (540) 586-7682. First practice will be Monday, February 4th.

Inclement Weather Policy

During inclement weather, Bedford County Parks and Recreation will follow the Bedford County Public School System. If Bedford County Public Schools are closed due to inclement weather, all Parks and Recreation Programs will be canceled for that day.

Office Hours

8:30 a.m.—5:00 p.m.
Monday - Friday

1257 County Farm Rd
Bedford, VA 24523

(540) 586-7682

Upcoming Trips

Cherry Blossom Festival
April 4, 2019
Fee : \$89 per person

Join Bedford County Parks and Recreation on a trip to Washington D.C. to see the cherry blossoms. The blooming of the cherry trees around the Tidal Basin in Washington D.C. has come to symbolize the natural beauty of our nation's capital city. Trip includes round trip motor coach, breakfast biscuit; Washington D.C. guided tour and cherry blossoms at the Tidal Basin. Please call Bedford County Parks and Recreation at 540.586.7682 to register.

Billy Graham Library and Daniel Stowe Botanical Garden
May 16, 2019
Fee : \$99 per person

Join Bedford County Parks and Recreation on a trip to the Billy Graham Library and Daniel Stowe Botanical Gardens. The Billy Graham Library is a 40,000 square foot experience where you'll discover the life and legacy of America's Pastor. Then will visit the Daniel Stowe Botanical Gardens providing guests a chance to reconnect with nature and to create lifelong memories with friends and family. Please call Bedford County Parks and Recreation at 540.586.7682 to register.



March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 <i>Line Dance</i> <i>Chair Yoga</i>	6	7	8	9
10	11	12 <i>Line Dance</i> <i>Bingo</i> <i>Chair Yoga</i>	13 <i>Southside Senior Meet-ings</i> <i>Stewartsville/ Chamblissburg Senior Meeting</i>	14 <i>Craft Class</i> <i>Wohlfahrt Haus Trip (Back to the 50's)</i>	15	16
17	18	19 <i>Line Dance</i> <i>Chair Yoga</i>	20 <i>Bingo</i>	21 <i>Bob Ross Painting Class</i> <i>Lunch & Learn</i>	22	23 <i>Coupon Class</i>
24	25	26 <i>Line Dance</i>	27	28 <i>Bingo</i>	29	30
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